

# MEAL PLANS FOR EVERY KIND OF STUDENT

# **MEAL PLAN 101**

**MEAL SWIPES** 

Used to gain entry to our 2 all-you-care-to-eat dining halls.

**FLEX DOLLARS** 

Like a debit card or cash, Flex dollars can be used at any UK Dining location. However, Flex dollars have extra perks you can't get with other payment methods:

- Paying w/ Flex is Tax-Free
- · Flex is reloadable online at anytime
- · Free Flex Promos are offered every semester

**GUEST MEALS** 

Can be used to treat friends and family to a meal in one of our dining halls.

BILLING

Purchasing a meal plan in the Fall semester is a contract for the entire academic year. New plans purchased in the Spring will only be for that semester.

**WILDCARD ID** 

Your meal swipes and Flex dollars are loaded to your student ID.

TO SIGN UP OR UPGRADE YOUR MEAL PLAN



## O RESIDENTIAL PLANS O

WILDCAT ALL ACCESS

### Includes:

- Unlimited Meal Swipes
- \$700 Flex
- 10 Guest Meals

\$2,942 / semester

ALL ACCESS BLUE

### Includes:

- Unlimited Meal Swipes
- \$250 Flex
- 10 Guest Meals

\$2,513 / semester

ALL ACCESS WHITE\*

Our Best Value!

#### Includes:

- Unlimited Meal Swipes
- \$400 Flex
- 10 Guest Meals

\$2,633 / semester

WEEKLY

10

### Includes:

- 10 Meal Swipes/Week
- \$100 Flex

\$1,978 / semester

\*The All Access White is the default meal plan for students living on campus if no meal plan is chosen.

### O OFF-CAMPUS & U-FLATS PLANS O

Off-Campus & U-Flats students are eligible for the residential plans above and the plans below.

### OFF CAMPUS 175

### Includes:

- 175 Meal Swipes
- \$250 Flex

\$1,632 / semester

# SUPER FLEX 800

### Includes:

• \$800 Flex

Includes \$50 Free Flex

\$750 / semester

# ALL FLEX 550

### Includes:

• \$550 Flex

Includes \$25 Free Flex

\$525 / semester

## O CREATE YOUR OWN O

### PICK YOUR MEALS

\$275	25 Meals
\$497	50 Meals
\$892	100 Meals.



### **PICK YOUR FLEX**

\$95	\$100 Flex	
\$180	\$200 Flex	
\$260	\$300 Flex	

Meal plans are contracts for the entire academic year & billed to your student account each semester.

<u>Rates shown reflect the Fall 2024 - Spring</u> 2025 plan rates and are subject to change pending review and approval by the UK Board of Trustees.



Porter Road Beef from Princeton, KY

We invest millions into Kentucky farms and businesses each year, sourcing over **50 local ingredients and products** to nourish you and our local economy.

Our dining hall menus are designed to feature local ingredients every day, with customized recipes that highlight local produce, dairy, and meats.



Country View Creamery Cheese from Trenton, KY

Custom Food Solutions Pizza Sauce w/ Tomatoes from Hart County, KY

# ACE YOUR APPETITE

UK Dining provides you with the tools you need to thrive - delivering well-balanced nutrition, specialized diet options, and a student-focused culture built on your feedback and satisfaction.

## ALL-YOU-CARE-TO-EAT

Fresh Food Company & Champions Kitchen serve only the best in variety and value, from comfort foods and plant-forward favorites to international cuisine and original creations.

Enjoy as much or as little as you like!





# PLANT-BASED DIETS

Vegan & Vegetarian options are available at multiple locations across campus. Find our Vegan & Vegetarian guide linked in the QR code on the front.



## HALAL PROTEINS

Our pizza station at Champions Kitchen features Halal proteins and also offers rotating Halal entree options that pair perfectly with sides from our vegan station.



## **CHEFS WHO CARE**

Our team of culinary experts, led by our Executive Chef, is dedicated to delivering well-balanced nutrition and on-trend menus that satisfy.



# ALLERGIES & DIETARY SUPPORT

We work to accommodate students with dietary restrictions due to allergies or intolerances. Please contact our dietitian at **diningdietitian@lsv.uky.edu** to learn more about dining options that fit your needs.

Both of our dining halls have "True Balance" stations specifically dedicated to serving meals made without the 9 major food allergens.

# Choose LESS STRESS

Classes can be demanding, but getting the fuel you need to feed your possibilities shouldn't be. Having a meal plan is the most convenient way to do just that.



### **CONVENIENT DINING**

- On campus, you're never more than a 3 minute walk from a UK Dining location
- Our Wildcat Pantrys offer fresh grab-n-go sandwiches, drinks, snacks & anything else you might need in a pinch

### **SAVE TIME & MONEY**

- · No wasted groceries, cooking or clean-up
- · To-go options at every location, including reusable Green 2 Go containers in the dining halls

### **GRUBHUB & ROBOT DELIVERY**

Skip the line at places like Starbucks & Panda Express by ordering ahead in the Grubhub app or have your food delivered by our famous Starship robots! Select 'University of Kentucky' as your campus in the Grubhub app and you can:



Use your Flex dollars to order from UK Dining locations



Receive FREE off-campus delivery with Grubhub+



College is a time for discovery, and dining on campus is no different. UK Dining provides a variety of options and experiences to nourish your time on campus.

### **UNMATCHED VARIETY**





















+ over 20 unique stations between our 2 dining halls

LOCAL RESTAURANT

**PARTNERSHIPS** 

Get a taste of Lexington without ever leaving campus! UK Dining partners with local restaurants to bring Lexington's best cuisine to you.

### SPECIAL PROMOS & EVENTS

We feature over 25 unique promotions every semester to foster community, craft lasting memories, & celebrate our diversity. Some of our fan favorite promotions include:

Casino Night

**Chef Spotlight Series** 

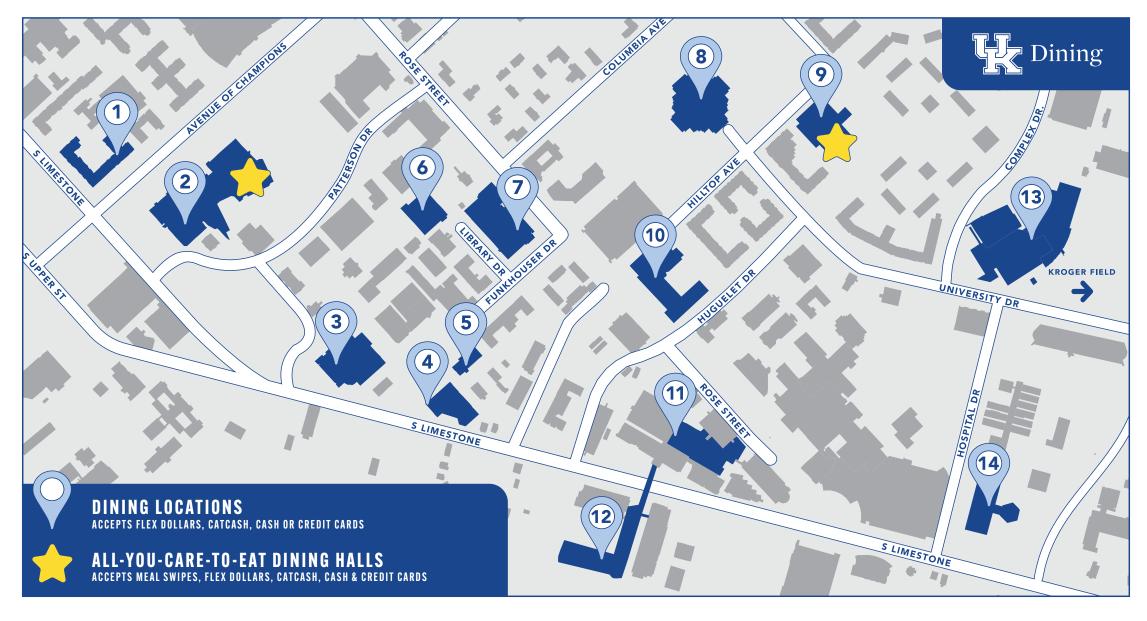
**Plant Forward Picnic** 

Big Boo Bash

**Food & Cultural Holidays** 

& Many More!





- HOLMES HALL WILDCAT PANTRY HAN WOO RI
- 2 GATTON STUDENT CENTER
  CHAMPIONS KITCHEN
  AUNTIE ANNE'S
  CHICK-FIL-A
  HEALTH HUB
  PANDA EXPRESS
  SUBWAY
- GATTON COLLEGE OF BUSINESS & ECONOMICS PJ'S COFFEE

- 4 ROSENBERG COLLEGE OF LAW PJ'S COFFEE
- 5 ERIKSON HALL ONE COMMUNITY CAFÉ
- 6 M.I. KING LIBRARY
  SUBWAY
- 7 CHEM-PHYS BUILDING EINSTEIN BROS. BAGELS

- 8 W.T. YOUNG LIBRARY STARBUCKS
- 9 THE 90
  FRESH FOOD COMPANY
  CHICK-FIL-A
  BLUE AGAVE GRILL
  ZEN SUSHI
  WILDCAT PANTRY
- JACOBS SCIENCE BUILDING

- 11 KENTUCKY CLINIC STARBUCKS
- HEALTHY KY
  RESEARCH BUILDING
  STARBUCKS
- 13 JOHNSON CENTER
  HEALTH HUB
- 4 AG SCIENCE NORTH WILDCAT PANTRY



Meal Plans Begin: 1st Official Day of Move-In

**Downgrade Deadline: 2 Weeks from Start of Meal Plan** 

**Meal Plans End: Last Day of Finals Week** 



### WHEN DO MY MEAL SWIPES RESET?

For Unlimited Plans Every 30 minutes

For Weekly 10 Every Sunday @ 3 AM

For Campus 175 or Create-Your-Own
Beginning of each semester

### **DO MEAL PLANS AUTO-RENEW?**

Your Fall meal plan will automatically renew for the Spring semester unless changes are made to your meal plan.

### **HOW CAN I CHANGE MY MEAL PLAN?**

- 1. Create an account at uky.campusdish. com using your @uky.edu email address
- 2. Go to "Meal Plans"
- 3. Add your preferred plan to your cart & check out
- 4. Your newly selected plan will replace your old plan

### **DO FLEX DOLLARS ROLLOVER?**

Flex dollars rollover from the Fall to Spring semester, but will expire after the last day of the Spring semester finals week.

# CAN I USE FINANCIAL AID TO PAY FOR MY MEAL PLAN?

Yes! Your meal plan is added to your student bill like your tuition and housing - just make sure to purchase your meal plan before your financial aid is added to your account.

# HOW LONG DOES IT TAKE FOR MY MEAL PLAN CHANGES TO TAKE EFFECT?

Changes to your meal plan typically take 72 hours to process, but can take up to 7 days during peak times at the beginning of each semester.

### WHAT HAPPENS TO UNUSED FOOD?

Unused food is donated to community partners, who feed our community while helping us divert thousands of lbs of food waste each year.

### WHAT HAPPENS TO FOOD WASTE?

We compost all food waste at our dining halls and all pre-consumer food waste in most other locations, reducing our CO2 impact while creating fertilizer for campus flower beds.

# • NOTES •


# **WE LOOK FORWARD TO** Serving YOU!



### JOIN OUR TEAM!

### STARTING AT \$15/HOUR

Scan the QR code on the front to find our available positions.

(859) 257-6156

### **MORE QUESTIONS?**

- contactukdining@lsv.uky.edu
- (859) 257-2220 or (859) 258-6161
- Gatton Student Center, Suite A161

